

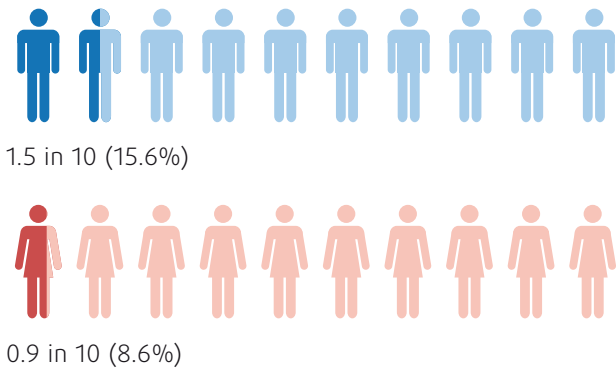


443 thousand people living in Portugal aged 40 to 65 years (11.9%)
presented a very high cardiovascular risk

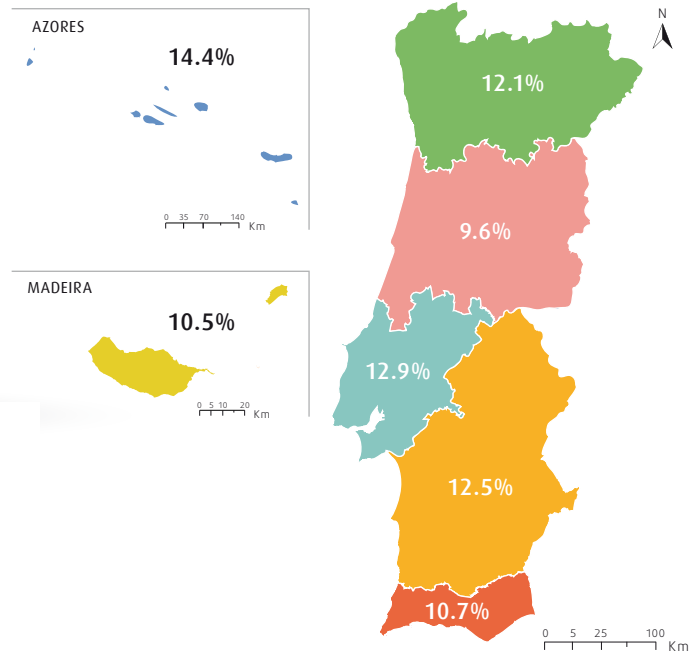
(risk of fatal events due to cardiovascular disease in the next 10 years, obtained using the SCORE algorithm*)

Very high cardiovascular risk was more frequent...

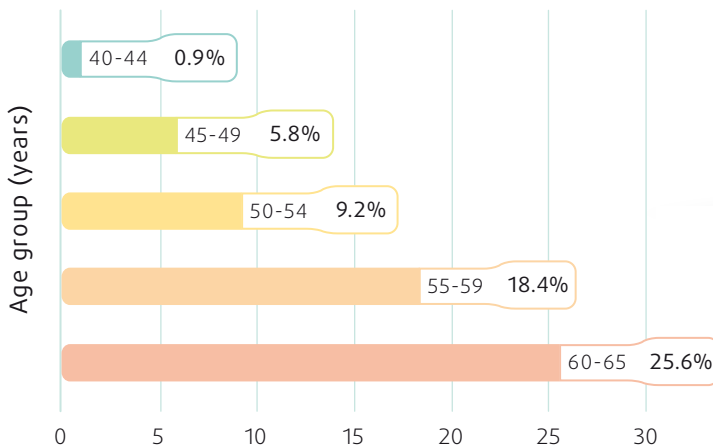
...in men,



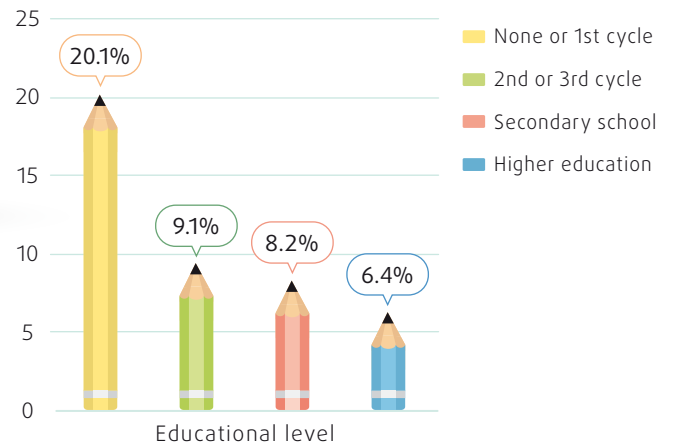
...in the Autonomous Region of Azores,



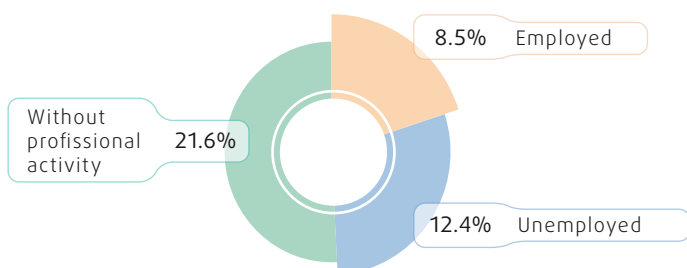
...in the age group of 60-65 years,



...and in the persons with less educational level.



...in the persons without professional activity,



* Conroy RM, Pyorala K, Fitzgerald AP, et al. Estimation of ten-year risk of fatal cardiovascular disease in Europe: the SCORE project. European Heart Journal 2003; 24:987-1003.

Source: INSA, Inquérito Nacional de Saúde com Exame Físico 2015. For more information: www.insef.pt